



**Rush University System for Health  
Commitment Statement on Clinician Well-Being  
National Academy of Medicine**

Rush University System for Health is an academic health system in Chicago, Illinois; comprised of Rush University Medical Center, Rush University, Rush Copley Medical Center, Rush Oak Park Hospital, and numerous outpatient care facilities. Rush consistently ranks among the nation's top academic medical centers for quality of care, according to the Vizient Quality and Accountability Study. A commitment to quality and excellence extends to every part of the organization, including to the well-being of our community.

Rush Wellness is a system-wide initiative driven by the philosophy that quality patient care is directly tied to the well-being of our providers, students, and staff. At a time when health care professionals around the country are suffering from unprecedented levels of anxiety, depression, burnout and suicide, Rush Wellness aspires to create highly innovative, evidence-based solutions that will positively impact our community and the future of health care.

This initiative is centered on three programmatic areas of emphasis that represent the core of our mission. First, the creation of a culture of wellness; including addressing burnout and enhancing meaning, purpose, and joy in work. Second, a strong institutional commitment to supporting the mental health of the Rush community, and finally, to advancing our work in well-being through innovation, data and analytics, and high-impact research.

Rush Wellness is honored to join the National Academy of Medicine Clinician Well-Being Collaborative. We commit to both active participation and promotion of its outlined values and aims.